



Neshoba County General Hospital - Nursing Home

March/April 2010
Issue 2

The General

From the CEO

By Scott Barrilleaux

I want to thank each and every one of you that participated in the Team Reunion meetings this past month and to encourage those of you who were unable to attend this series of meetings to make a special effort to join us at our next meetings in May. After this latest round of Team Reunion meetings, I am encouraged with the feedback received and I can now say based

upon empirical evidence - a large majority of us feel lucky and proud to work at NCGH&NH.

The feedback that our senior leadership gets from the meeting and the post-meeting evaluations is an important part of our effort to continuously strive to make Neshoba County General Hospital and Nursing Home a place that

you can be proud of as a team member and as someone that is making an important and significant contribution to the betterment of our community. At the March team reunion meeting 76% of our employees participated and over 93% indicated that you are "proud to tell people that you work at NCGH&NH".

While we are very proud of this level of satisfaction we are constantly working to improve. We have heard your feedback from the session and the evaluation forms and we are now working on those issues that are currently

within our reach.

Neshoba County General Hospital's team and leadership have a shared vision of the future of our organization and we are striving to achieve that vision every day. A large part of the vision is the addition of more board-certified physicians to our medical staff and more modern technology for use by our staff in our facilities. With that in mind, I want to extend a very warm NCGH welcome to the latest member of our medical staff Dr. Doug Perry who will join us officially on April 22nd. Dr. Perry and his staff at Walnut Grove Medical Associates help us expand our vision and our services to more citizens in our little piece of Mississippi and that is good for our patients and good for our hospital.

The hospital was privileged to host an on-site meeting attended by our United States Congressman, Honorable Gregg Harper on April 12, 2010. Also in attendance at the meeting were four of the Neshoba County Board of Supervisors, Kevin Cumberland, Keith Lillis, Harold Reynolds, Marty Sistrunk and Mayor James Young. All of these elected officials gathered to discuss the future plans for the hospital and the impact of the new health care reform law. To host a gathering of so many distinguished officials in our facility speaks to their growing appreciation of the importance of our role in providing high quality medical care to the citizens of our region. Please join me in thanking them for their attention to our facility plans and for their support of our efforts to continuously improve our facilities and our services.



Left to Right : Harold Reynolds, Supervisor, Mayor James Young, Scott Barrilleaux, CEO, Representative Gregg Harper, Kevin Cumberland, Supervisor, Marty Sistrunk, Supervisor



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ORIENTATION DATES SECOND QUARTER 2010 - FACILITY WIDE ORIENTATION

HELD IN THE HOSPITAL CONFERENCE ROOM BEGINNING AT 8:00 A.M.

APRIL 21, 2010- for employees hired or transferred to full time in March

MAY 19, 2010- for employees hired or transferred to full time in April

JUNE 30, 2010- for employees hired or transferred to full time in May

NCGH Team Members of the Month



January 2010
Team Member of the Month
Chiquita Slaughter
Neshoba County Nursing Home

Chiquita Slaughter was nominated for Team Member of the Month for January 2010. Chiquita transferred from our Dietary Department to the Nursing Home several months ago. Although she has not been employed with Neshoba General as long as some other employees, she has made a great impact in the short time of employment here. She is a pleasure to work with, and always has a smile on her face. She is always eager and ready to do whatever is asked of her and even things that are not. She can always be found going above and beyond to make her residents happy. It is an honor to have Chiquita working with us in our department.



February 2010
Team Member of the Month
Sarah Coleman
Activity Department
Neshoba County Nursing Home

Sarah Coleman was nominated for February Team Member of the Month. The nomination stated that Sarah was an asset to this facility. She not only directs and leads here department, she works beside them. Sarah fills in many times when her staff members must be absent. With only a few people in

her department, she manages to get the facility decorated for all festivities. Sarah makes it a point to involve all residents in the activities. I feel that Sarah makes our residents' temporary home a better place to live.



March 2010
Team Member of the Month
Melody Vowell, OTR/L
Rehab Department
Neshoba County General Hospital -
Nursing Home

It is my privilege to nominate a friend and co-worker. I want to nominate a young lady who has grown as a therapist so much in the past two years that I have had the opportunity to work along side her. She is motivated to get the job done no matter what it takes. She has demonstrated the willingness to work long hours, come in early, work on weekends, and step out of her comfort zone to meet the need of the patient. This colleague and team member has shown such respect for our facility, leaders and for her team mates. She truly exemplifies a team member with full allegiance to her facility. When it comes to public relations, there is no stopping her. She promotes our hospital and our team wherever she goes. She makes sure that she takes part in our NCGH-NH activities and volunteer efforts. She is truly civic minded, but more than that – she has a heart for people. I have seen this young therapist see a patient in need – maybe a patient has a pair of broken glasses with no funds to replace them. She does not stop until she utilizes every resource to insure that the patient has a new pair of glasses. She sees her work as a mission and what a blessing to our entire team. When one of us is having a down day, she will be sad with us, and then through her witty thinking she will pull a practical prank that gets us all rolling in laughter. Mind you, we never know at times what she might say, but I can tell you this. It will be meaningful and the great job that she does here will never be forgotten. I gladly nominate Melody Vowell, ORR/L.

Keeping a Positive Attitude

By Annette Watkins

Having a positive attitude is an important part of starting the New Year off right. Some people concentrate on the negative possibilities - seeing their glasses half empty, which can make reaching their goals more difficult for them.

Everyone faces challenges at different points in their lives, and having a positive attitude can have real mind and body benefits. Research shows that people who are less burdened by pessimistic views do not suffer the health risks associated with stress (such as depression, weakened immune system and coronary heart failure). They also tend to feel more empowered to change their lives for the better.

Listed below are tips to help you focus on powerful thoughts:

Source: www.myuhc.com

ELIMINATE NEGATIVE SELF-TALK

Turn negative self-talk into positive self-coaching. Instead of focusing on what you think you can't do, brainstorm about your strengths.

STAY FLEXIBLE

Sometimes we do not have control over the changes in our lives, so concentrate on how you can make the best of things the way they are.

GET INVOLVED.

Feel good about volunteering and helping someone else – this can make a big difference in both your life and the lives of others.

SPEAK UP

Tactfully expressing yourself at work and home will help you feel better about yourself and earn respect from others.

BE ADVENTUROUS

Challenge yourself to break out of your routine, such as trying a new exercise program, or enrolling in an interesting class.

LIVE FOR TODAY

Take time to enjoy and savor the special moments today brings, instead of reminiscing about the past or living life in anticipation of tomorrow.

NEWS and NOTES



HELP US RAISE MONEY FOR RELAY FOR LIFE

EASTER BASKET SILENT AUCTION - We made \$320.00 on our Easter Baskets donated by local florists.

BELK CHARITY SALE - Now until all tickets are gone - Pay \$5.00 and participate in the sale on May 1st at any Belk's location. You get your \$5.00 off of your 1st purchase and our team keeps the \$5.00 you paid for the ticket here. Donna Carr has a few tickets left.

MOTHER'S DAY BASKET RAFFLE - Tickets go on sale soon - Basket will be raffled off on Friday, May 7th at 3:00 pm \$1.00 per ticket or 6 for \$5.00

SILENT BAKE SALE - Friday May 7th - Encourage everyone to donate cakes, pies, candy, cookies, etc. Place your bids just in time for Mother's Day. Auction will be held in Administrative lobby by Donna Carr's office.

BLUE JEAN FRIDAY - You can pay to wear jeans on: April 30 - May 28th - June 11th - Pay \$5.00 to wear your blue jeans to work all three days as long as your dress code does not require specific scrubs. Please be sure to pay your \$5.00 for each day. You can pay all at one time or individually.

FATHER'S DAY RAFFLE - Details to come later - We will be raffling off a nice Father's Day gift in June.

FRIENDLY GOLF OUTING - Date to be determined later - See Dale Joyner for details. Open to guys and gals.

TRAIL RIDE - June 5th - See Beverly Lilly for details.

BBQ SALE - Date to be set later. The Blue Knights will sponsor a BBQ in Deals parking lot in the near future. Mike King to coordinate details.

TEAM T- SHIRT - Look for sign-up sheet soon. We will have our annual t-shirt designed for our Relay team and sell shirts in children and adult sizes as a fund-raiser.

SILENT AUCTION - Date to be set later. Mashelle Harrison will help organize another hospital wide silent auction this year. Donations are accepted for slightly used pictures, home décor, kitchen items, furniture, etc.

RUMMAGE SALE - Early May. Nursing Home Residents will sponsor a sale. Please see Sarah Coleman to make any donations.

VOWELL'S MARKET SHOPPER STAMPS - On-going collection of stamps. You may give your stamps to Myra and she makes sure that we receive our \$25.00 for every filled card.

NCGH AUXILIARY - 5K WALK FOR THE "FIGHT AGAINST CANCER"

Date of walk - Saturday, May 15th; Time of walk - 8:00 am until; Location - Airpark Family Medical Clinic on Holland Avenue; Entry fee of \$10.00 All proceeds go to the Neshoba County General Hospital Relay for Life Team. Water will be provided by the Auxiliary at finish line.

Community Service

NCGH-NH has set a facility-wide goal for community volunteer hours. We are to provide a total of 2000 volunteer hours throughout the year. Our fiscal year is October 1, 2009 through September 30, 2010. So far, through March 31, 2010, we have accumulated 608 of the 2000 required. We encourage all team members to represent NCGH-NH while participating in community events.

GOAL
2000 Hrs.

CURRENT
608 Hrs.
As of March 31, 2010

Be sure to turn all of your community service hours in to your Department Directors monthly.



MARCH/APRIL 2010 BIRTHDAYS:

| | |
|----------------------------|---------|
| Lisa Daniels..... | 3/1/10 |
| Vinita Hampton..... | 3/1/10 |
| Mary A. James..... | 3/1/10 |
| Latina Edwards..... | 3/2/10 |
| Laura S. Cole..... | 3/2/10 |
| Felicia Skipper..... | 3/3/10 |
| Shawn Holley..... | 3/4/10 |
| Roderick Jones..... | 3/4/10 |
| Scott Breazeale..... | 3/5/10 |
| Joseph Griffin..... | 3/5/10 |
| Loraine Johnson..... | 3/6/10 |
| Charles Permenter..... | 3/6/10 |
| Brian Collins..... | 3/7/10 |
| Sharon Dickerson..... | 3/8/10 |
| Bill Carter..... | 3/9/10 |
| Chassity Kirkland..... | 3/9/10 |
| Barry Pigg..... | 3/9/10 |
| Lisa White..... | 3/10/10 |
| Barbara Henson..... | 3/11/10 |
| Renetia Holloway..... | 3/11/10 |
| Leanna Lewis..... | 3/11/10 |
| Donna Carr..... | 3/12/10 |
| Robert Crockett..... | 3/12/10 |
| Coy Griffin..... | 3/12/10 |
| Lucy Headd..... | 3/12/10 |
| Andreal Tabb..... | 3/12/10 |
| Hazel Murray..... | 3/15/10 |
| Stephen Parker..... | 3/16/10 |
| Melanie McGuire..... | 3/17/10 |
| Stacy Cook..... | 3/19/10 |
| Chasity Beckham..... | 3/20/10 |
| Vickey Nance..... | 3/20/10 |
| Brenda Nowell..... | 3/22/10 |
| Bobby Parker..... | 3/22/10 |
| Darthy Willingham..... | 3/22/10 |
| Thomas Hollingsworth..... | 3/23/10 |
| Stacie Adams..... | 3/25/10 |
| Felicia Deweese..... | 3/25/10 |
| Palmer Massey, Jr..... | 3/25/10 |
| Angela Woods..... | 3/25/10 |
| Lushus Peebles..... | 3/27/10 |
| Bobby Singleton..... | 3/28/10 |
| Murdis Jackson..... | 3/31/10 |
| Mary Baysinger..... | 4/1/10 |
| Kayron McDonald..... | 4/2/10 |
| Gigi Posey..... | 4/2/10 |
| Spencer Smith..... | 4/2/10 |
| Ira Clemons..... | 4/3/10 |
| Mandy Cumberland..... | 4/3/10 |
| Mistie Lindsey..... | 4/3/10 |
| Yvonne Bragg..... | 4/4/10 |
| Tonya Carter..... | 4/4/10 |
| Helen Parker..... | 4/4/10 |
| Christy Weir..... | 4/4/10 |
| Alene Parker..... | 4/6/10 |
| Helen Stephenson..... | 4/7/10 |
| Memory Bell..... | 4/8/10 |
| Ginger Massey..... | 4/8/10 |
| Wanda Majure..... | 4/10/10 |
| Torina Triplett..... | 4/10/10 |
| Betty Gilmore..... | 4/11/10 |
| Vicky Burt..... | 4/12/10 |
| Theresa Land..... | 4/12/10 |
| Pamela Stokes..... | 4/13/10 |
| Ruthie McDonald..... | 4/14/10 |
| Sherry Maze..... | 4/15/10 |
| Dustin Pope..... | 4/15/10 |
| Angel Thompson..... | 4/15/10 |
| Tanya Whittle..... | 4/15/10 |
| Stephanie Butler..... | 4/16/10 |
| Susan Clark..... | 4/16/10 |
| Sheila Lillis..... | 4/16/10 |
| Dereck Moore..... | 4/16/10 |
| Jerry Gaston..... | 4/17/10 |
| Mashelle Harrison..... | 4/17/10 |
| Sidney Hill..... | 4/18/10 |
| Gloria May..... | 4/18/10 |
| Lilly Partridge..... | 4/18/10 |
| Erica Tullos..... | 4/18/10 |
| Tonia Holley..... | 4/19/10 |
| Jennifer Key..... | 4/19/10 |
| Joyce Welch..... | 4/19/10 |
| JoAnn Cole..... | 4/20/10 |
| Dena McLain..... | 4/20/10 |
| Vivian Seales..... | 4/21/10 |
| Vera Jernigan..... | 4/22/10 |
| Judy Elwood..... | 4/23/10 |
| Karrah Tucker..... | 4/23/10 |
| Annette Watkins..... | 4/23/10 |
| Barbara Johnson..... | 4/25/10 |
| Carolyn Melton..... | 4/25/10 |
| Amanda Ricks..... | 4/25/10 |
| Larry Shows..... | 4/29/10 |
| Stephanie Blankenship..... | 4/30/10 |
| Katie Burrage..... | 4/30/10 |

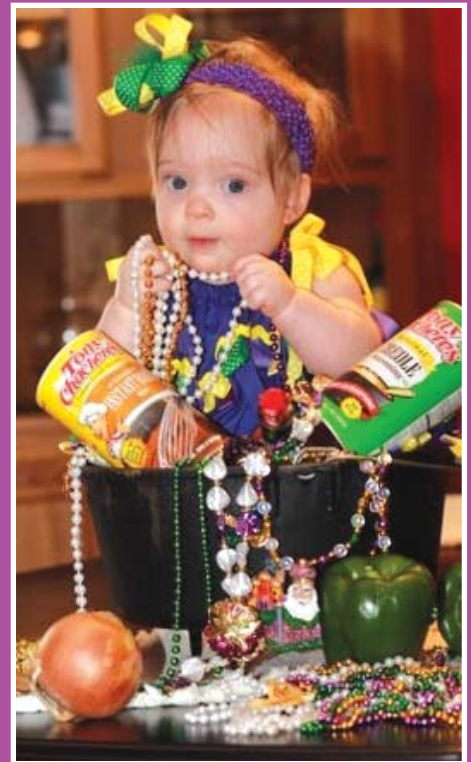
HOSPITAL SOCIETY PAGE



Laura Snow and Howard Cole were united in marriage on February 6th. Laura is one of our team members working as a RN in the Emergency Department. She is the daughter of Mike and Kay Snow. Howard is the son of Howard Cole IV, and the late Nancy Cole.



Margaret Rivers placed 2nd in the Women's Bow Hunter category in Yazoo City, MS on March 13th. She is a Nursing Home LPN. Congratulations to Margaret!



Sophie Barrilleaux celebrates her first Mardi Gras. Proud parents....Scott and Brandy Barrilleaux



Beatrice Harris bd - August 24, 1909



Louise Edmondson bd - September 15, 1907



(Left) Brenda Jayroe, RN was recently selected as the Nurse Manager for the Emergency Department. Brenda has been a dedicated team member for many years with experience in Med/Surg and the Emergency Department. She has also served as the hospital supervisor on night and day shifts. Scott Breazeale, RN, CNO asks that you join him to support and congratulate Brenda in this new role.

Over 100 years of Wisdom

Congratulations to these beautiful nursing home residents who were recently recognized for 100 plus years of wisdom. They invite you to drop in and say hello anytime you find yourself in the nursing home. Not pictured, Birdie Woods birthday November 17, 1908.



Thank You!!!

On Saturday, March 20th, 2010 a team of 46 Neshoba County General Hospital-Nursing Home employees walked for the fight against obesity. Eight additional team members worked the finish line where the hospital furnished fruit, sports drinks and water to the participants. All proceeds for the walk were donated to the Philadelphia/Neshoba County Boys & Girls Club. Thank you Neshoba General Team for your support and participation!